



Rock Climbing for Arm Amputees

Rock climbing is an exhilarating and adventurous sport which challenges both mental and physical capabilities. With the aid of climbing adaptations, this activity is accessible to many upper limb amputees. The hammer featured here is used to pound in bolts on new climbing routes. Dubbed the “terminailer” by one amputee climber, it secures bolts faster than his climbing partners who use a conventional hammer.

