



Swimming for Arm Amputees

Swimming devices for arm amputees can improve balance and provide exercise for the residual limb. This information sheet outlines some of the devices that are available. There is always the possibility of custom made devices too – speak to your prosthetist to discuss your options.

Freestyle Swimming Device

The **Freestyle Swimming Device** from TRS has a folding wing design which flares open to provide maximum resistance during forward strokes and eases resistance during return strokes. It can be turned to accommodate various swimming stroke options. This device is sold in an adult size but can easily be modified to match smaller hand proportions.

Freestyle Swimming Device



Swim Fin Kit

The **Swim Fin Kit** from TRS provides most of the advantages of the Freestyle Swimming Device, but without the need for a prosthesis. The device is designed for adolescent to adult sizes.

Swim Fin Kit



Super Sports

The **Super Sports** from TRS is an anatomically proportioned, cupped passive hand. It can also be used for several other recreational and athletic activities. It is available in child, adolescent and adult sizes.

Super Sports



Kahuna Terminal Device (TD)

The **Kahuna TD** from TRS is specifically designed for ocean surfing. It is constructed of an unbreakable, high strength polymer with a concave palm to allow for difficult paddling but with flexibility for safety. This device is available in adult sizes.

Kahuna Terminal Device (TD)

